

Wendell M. Nakamura
Curriculum Vitae

Office

School of Occupational Therapy
Pacific Northwest University of Health Sciences
122 MultiCare Learning Center
200 University Parkway, Yakima WA 98901
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Education

DrOT, 2017, University of Puget Sound (Post-Professional Occupational Therapy)
Thesis: Client adherence with home programs after discharge from a campus-based occupational therapy adult clinic
Research Committee: Anne James, PhD, OTR/L (Chair), Sue Doyle, PhD, OTR/L (Reader)

MOT, 1998, University of Puget Sound (Entry-level Occupational Therapy)
Thesis: Assessing father-infant interactions using the NCAST Teaching Scale: A pilot study
Research Committee: Katherine Stewart, PhD, OTR/L, FAOTA (Chair), Mary Tatarka, PhD, PT

BA, 1986, University of California Berkeley (Japanese Studies)

Professional Licensure and Certification

2020-2021 Montana Licensure for Occupational Therapist (OTP-OT-LIC-7034)
2019 Credentialed Leader in Academia, AOTA Academic Leadership Institute
2017- Event Coordinator and Technician, CarFit
2005-2012 Texas Licensure for Occupational Therapist (OT111555)
1999- Washington Licensure for Occupational Therapist (OT00003058)
1999- National Board for Certification in Occupational Therapy (1033157)

Professional Experience

2021- Associate Professor, School of Occupational Therapy, Pacific Northwest School of Health Sciences, Yakima, WA
2020-2021 Associate Professor, School of Occupational Therapy, Rocky Mountain College, Billings, MT

- 2016-2020 Assistant Professor, School of Occupational Therapy, University of Puget Sound, Tacoma, WA
2012-2016 Adjunct Faculty, School of Occupational Therapy, University of Puget Sound, Tacoma, WA

Teaching and training

Pacific Northwest University of Health Sciences, School of Occupational Therapy (NP = new course prep)

- 2024 Co-Instructor, OTH605: Occupation-based Interventions III (Older Adults) (Fall) (NP)
Instructor, OTH525: Human Capacities II (Spring) (NP)
Instructor, OTH535: Environment, Technology, and Occupation (Spring) (NP)
2023 Co-Instructor, OTH500: Human Capacities I (Fall) (NP)

Rocky Mountain College, Occupational Therapy Program

- 2021 Co-Instructor, OTD504: Functional Anatomy and Movement Sciences (Spring) (NP)
2020 Instructor, OTD522: Assistive Technologies for Occupational Therapy (Fall) (NP)

University of Puget Sound, School of Occupational Therapy

- 2020 Co-Instructor, OT624: Occupational Performance Adaptations III (Spring)
Co-Instructor, OT643: Biomechanical Approaches to Treatment in Occupational Therapy (Spring)

2019 Co-Instructor, OT643: Biomechanical Approaches to Treatment in Occupational Therapy (Spring) (NP)
Co-Instructor, OT624: Occupational Performance Adaptations III (Spring)
Co-Instructor, OT658: Management in Healthcare (Spring)
Co-Instructor, OT605: Functional Anatomy of the Limbs and Trunk (Fall)

2018 Co-Instructor, OT624: Occupational Performance Adaptations III (Spring)
Co-Instructor, OT658: Management in Healthcare (Spring)
Co-Instructor, OT605: Functional Anatomy of the Limbs and Trunk (Fall)

2017 Co-Instructor, OT658: Management in Healthcare (Spring)
Co-Instructor, OT605: Functional Anatomy of the Limbs and Trunk (Fall)
Co-Instructor, OT624: Occupational Performance Adaptations III (Spring) (NP)

2016 Co-Instructor, OT658: Management in Healthcare (Spring) (NP)
Co-Instructor, OT605: Functional Anatomy of the Limbs and Trunk (Fall) (NP)

- 2015 Co-Instructor, OT607: Health Policy for Therapists (Spring) (NP)
Co-Instructor, OT622: Occupational Performance Adaptations I (Fall)
Co-Instructor, OT645: Occupational Therapy for Adults with Neurological Dysfunction (Fall)
- 2014 Co-Instructor, OT639: Biomechanical Approaches to Treatment in Occupational Therapy (Spring)
Co-Instructor, OT622: Occupational Performance Adaptations I (Fall)
Co-Instructor, OT645: Occupational Therapy for Adults with Neurological Dysfunction (Fall)
Instructor, OT615: Sociocultural Awareness Workshop (Fall) (NP)
- 2013 Instructor, OT639: Biomechanical Approaches to Treatment in Occupational Therapy (Spring) (NP)
Co-Instructor, OT633a: Performance Adaptations I (Fall) (NP)
Instructor, OT639: Occupational Therapy for Adults with Neurological Dysfunction (Fall) (NP)
- 2012 Instructor, OT621: Gerontological Concepts in Occupational Therapy (Spring) (NP)

Students/Trainee Mentorship

In addition to serving as a designated faculty advisor for 12 OTD students and 21 MSOT students, I have served as a formal research advisor for the following students:

Former Doctorate-Level Students:

1. Hyrum Haroldsen (RMC, Occupational Therapy)
2. Kimberlee Boston (RMC, Occupational Therapy)
3. Shaylynn Conti (RMC, Occupational Therapy)
4. Brodie Long (RMC, Occupational Therapy)
5. Molly Wollner (RMC, Occupational Therapy)
6. Laura Christensen (RMC, Occupational Therapy)

Former Master's-Level Students:

1. Maddie O'Leary (UPS, Occupational Therapy)
2. Amanda Matsuda (UPS, Occupational Therapy)
3. Kari Ikeda (UPS, Occupational Therapy)
4. Akiko Ketron (UPS, Occupational Therapy)
5. Tasha Pabisz (UPS, Occupational Therapy)
6. Wanda Saechin (UPS, Occupational Therapy)
7. Erik Kartevold (UPS, Occupational Therapy)
8. Katrina Perez (UPS, Occupational Therapy)
9. Malcolm Reed (UPS, Occupational Therapy)
10. Jessica Albright (UPS, Occupational Therapy)
11. Kayla Karelsen (UPS, Occupational Therapy)
12. Allison Lucas (UPS, Occupational Therapy)

13. Jenna Williams (UPS, Occupational Therapy)

Clinical Experience

2010-2016 Therapist, Harrison Medical Center, Bremerton, WA
2010-2012 Therapist, Harrison Home Health Service, Bremerton, WA
2009-2010 Therapist, Summit at Lakeway Assisted Living, Lakeway, TX
2005-2009 Therapist, North Austin Medical Center, Austin, TX
2001-2005 Therapist, Harrison Medical Center, Bremerton, WA
1999-2001 Therapist, Mary Bridge Children's Health Center, Tacoma, WA

Research Areas

- Planetary Health
- Communication and the therapeutic relationship
- Client education to maximize adherence and therapy outcomes
- Diversity, equity, and inclusion, especially for disadvantaged populations (racial/ethnic, LGBTQIA+, rural, medically underserved)

Peer-Reviewed Publications

First author denotes senior author unless otherwise indicated by (*)

Zylstra, S. E., Erler, K., **Nakamura, W.**, & Kennell, B. (2020). Social media as occupation: Implications for occupational therapy practice. *Open Journal of Occupational Therapy*, 8(2), Article 12. <https://doi.org/10.15453/2168-6408.1670>

Nakamura, W. M. (2017). *Client adherence with home programs after discharge from an on-campus occupational therapy adult clinic* [Doctoral thesis, University of Puget Sound]. SoundIdeas. https://soundideas.pugetsound.edu/drot_theses/4/

Nakamura, W. M., Stewart, K. B., & Tatarka, M. E. (2000). Assessing father-infant interactions using the NCAST Teaching Scale: A pilot study. *American Journal of Occupational Therapy*, 54(1), 44-51. <https://doi.org/10.5014/ajot.54.1.44>

Professional Presentations

2024 **Nakamura, W.** "Telemedicine & telerehabilitation: How have we done and where are we headed?" PNWU Research Exchange. Presented 2/12/2024.

2022 **Nakamura, W.** "Defining Rurality." PNWU Rural Health and Care Delivery Community of Practice. Presented 6/9/2022.

Nakamura, W., & Imamshah, B. "Taxonomies of Learning in Medical Education." PNWU Medical Education / Health Professions Education Community of Practice. Presented 5/19/2022.

- 2019 **Nakamura, W.**, & Zylstra, S. E. "Social media as occupation: Building a framework for understanding social media's impact on today's youth culture." Poster presented at the American Occupational Therapy Association Annual Conference and Exposition. Presented, April 4, 2019.
- Zylstra, S. E., & **Nakamura, W.** "OT's role in the use of social media among adolescents." Poster presented at the American Occupational Therapy Association Annual Conference and Exposition. Presented, April 4, 2019.
- Nakamura, W.**, James, A. B., & Doyle, S. "Who's failing whom? A pilot study of adherence to home-based programs in occupational therapy." Poster presented at the American Occupational Therapy Association Annual Conference and Exposition. Presented, April 4, 2019.
- 2017 **Nakamura, W.** "An occupational therapy approach to measuring frailty in the community-dwelling older adult." Presented at the Canadian Association of Occupational Therapists. Presented, August 8, 2017.
- Nakamura, W.**, James, A. B., & Doyle, S. "An ecological approach to promoting adherence to occupational therapy home programs in chronic disease management." Poster presented at the American Occupational Therapy Association Annual Conference and Exposition. Presented, March 30, 2017.
- Raciot, R., Stewart, K. B., **Nakamura, W.**, Moor, R., & Reaves, K. "Advocacy in occupational therapy." Presented at the Washington Occupational Therapy Association. Presented, February 1, 2017.
- 2016 **Nakamura, W.** "Theoretical models of frailty in the community-dwelling older adult." Poster presented at the American Occupational Therapy Association Annual Conference and Exposition. Presented, April 8, 2016.
- Nakamura, W.** "Assessing frailty of the pre-surgical cardiac patient." Presented at Harrison Medical Center. Presented, January 2016.
- Nakamura, W.** "Exercise prescription with the cardiac patient." Presented at Harrison Medical Center. Presented, January 2016.
- 2011 **Nakamura, W.** "Inpatient rehabilitation and the cardiac patient." Presented at Harrison Medical Center. Presented, September, 2011.
- 2009 **Nakamura, W.** "The role of occupational therapy in stroke management in the intensive care unit." Presented at North Austin Medical Center. Presented, May, 2009.

1998 Stewart, K. B., & Nakamura, W. M. "Parent infant interactions." Short course at the American Occupational Therapy Association Annual Conference and Exposition. Presented, April 1998.

Service

Manuscript Review Activity (journals reviewed for in the previous 5 years)

2021-2022 OTJR: Occupation, Participation and Health

Department/University Service

Pacific Northwest University of Health Sciences

2023- Member, PNWU Race-Conscious Admissions Task Force
2023- Faculty Advisor, Coalition of Occupational Therapists Advocating for Diversity
2023- Faculty Advisor, Student Occupational Therapy Association
2023- Member, PNWU Scholarship Committee
2023 Panelist, College of Osteopathic Medicine, Grand Rounds
2022- Member, SOT Faculty Search Committee
2022- SOT Representative, SOT Information Sessions
2022- SOT Admissions Coordinator
2022- Member, PNWU Academic Search Development Task Force
2022- Member, PNWU Technology Focus Group
2022 SOT Representative, WOTACON
2022 Co-Author, SOT Mentorship Program
2022 Creator, SOT Moodle Training Guide
2022 Member, PNWU Faculty Senate Workgroup
2022 Member, Academic Search Development Task Force
2022 Member, Telework Workgroup
2022 Consultant, ADA Compliance Audit

University of Puget Sound

2019-2020 Co-Chair, Institutional Review Board
2019 Member, Writing Excellence Awards Review Committee
2018-2020 Member, Curriculum Committee, SOT
2018 Member, Faculty Search Committee, SOT
2017-2020 Member, Institutional Review Board
Member, MSOT Admissions Review Committee, SOT
Member, ePortfolio Committee, SOT
2017-2018 Member, DrOT Admissions Review Committee, SOT
2016-2020 Faculty Advisor for Occupational Therapy Admissions, SOT

Professional Service

Advisory Positions in Organizations and Committees

2022 Conference proposal reviewer, 2023 Inspire, American Occupational Therapy Association

- 2017-2019 Co-Chair, Academy for Communication in Healthcare
2015-2019 Conference proposal reviewer, American Occupational Therapy Association
2013 Item Writer, Self-guided Examination for Recertification, National Board for Certification in Occupational Therapy
2004 Conference Chair, Diversity Committee, Harrison Medical Center

Professional membership

- 2023- Member, Planetary Health Alliance
2022 Member, American Association for Anatomy
2021- Member, Coalition of Occupational Therapy Advocates for Diversity (COTAD)
2021 Member, Human Anatomy and Physiology Society
2016-2020 Member, Washington Occupational Therapy Association
2016-2019 Member, Academy for Communication in Healthcare
1998- Member, National Board for Certification in Occupational Therapy
1996- Member, American Occupational Therapy Association

Service to the Community

- 2022 East Valley High School, Yakima, WA: What is Occupational Therapy?
2022 West Valley High School, Yakima, WA: What is Occupational Therapy?

Continuing Education

- 2023 *"Spinal Cord Injury: Assessment and Intervention,"* Rebecca Martin, OTR/L, OTD, occupationaltherapy.com, July 1, 2023.

"American Occupational Therapy Association's Virtual Self-Study Workshop," American Occupational Therapy Association, June 26-28, 2023.

"The Basics of Power Mobility for OT Practitioners," American Occupational Therapy Association, June 18, 2023.

"Hand and Upper Extremity Essentials 2.0: Interventions for Specific Diagnostic Populations," American Occupational Therapy Association, June 16, 2023.

"Heart to heart: Occupational Therapy for Individuals Living with Heart Failure," American Occupational Therapy Association, June 5, 2023.

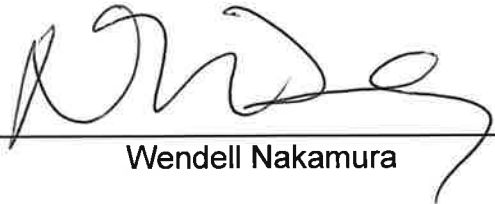
"Neurocognitive Disorder (NCD): Interventions to Support Occupational Performance," American Occupational Therapy Association, May 17, 2023.

- "An Occupational Therapy Perspective on Management of Common Upper Extremity Peripheral Nerve Injuries,"* American Occupational Therapy Association, April 5, 2023.
- 2022 *"Effectiveness of Occupational Therapy Interventions for Adults with Musculoskeletal Conditions of the Forearm, Wrist, and Hand,"* American Occupational Therapy Association, October 17, 2022.
- "Effectiveness of Occupational Therapy Interventions for Musculoskeletal Shoulder Conditions: A Systematic Review,"* American Occupational Therapy Association, October 14, 2022.
- 2021 *"Suicide Awareness, Assessment, and Intervention for Allied Health Professionals,"* OccupationalTherapy.com, June 5, 2021
- 2020 *"Using Virtual Interventions to Combat Social Isolation and Occupational Deprivation in Older Adults During the COVID-19 Crisis,"* American Occupational Therapy Association, November 28, 2020
- "Experiences in Making a Difference with 3-D Printing,"* American Occupational Therapy Association, November 19, 2020
- "Medicare Telehealth Success During COVID-19: What You Need to Know About Providing Telehealth to Medicare Clients,"* American Occupational Therapy Association, November 16, 2020
- "Social and Behavioral Research – Basic Refresher Course,"* Collaborative Institutional Training Initiative, September 26, 2020
- "Instructional Design: What's the Point?"* American Occupational Therapy Association, September 26, 2020
- "Social and Behavioral Responsible Conduct of Research,"* Collaborative Institutional Training Initiative, September 18, 2020
- "Social and Behavioral Research: Best Practices for Clinical Research,"* Collaborative Institutional Training Initiative, September 18, 2020
- "Conflicts of Interest – Basic Course,"* Collaborative Institutional Training Initiative, September 18, 2020
- "MontCOMM 2020: Making Learning Awesome for All, Including Users of Alternative Communication,"* MonTECH, August 4, 2020
- 2019 *"Payment Shift from Volume to Value: Maximizing the Opportunity for OT,"* American Occupational Therapy Association, January 11, 2019

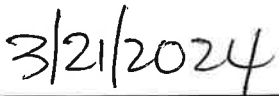
Academic Leadership Institute, American Occupational Therapy
Association, August, 2018-March, 2019

2018

*"The New OT Evaluation / Re-evaluation Codes: Language and
Components,"* American Occupational Therapy Association, January 21,
2018



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Date