

**Brandon M. Imamshah**  
Curriculum Vitae

**Office**

School of Occupational Therapy  
Pacific Northwest University of Health Sciences  
108 MultiCare Learning Center  
200 University Parkway, Yakima, WA 98901

**Education**

DrOT, 2019, University of Puget Sound (Occupational Therapy)  
Thesis: "The Management of Musculoskeletal Disorders in Occupational Therapy Practice"  
Research Committee: Chih-Huang Yu, PhD, OTR/L (Chair); George Tomlin, PhD, OTR/L, FAOTA (Reader)

MOT, 2010, University of Puget Sound (Occupational Therapy)  
Thesis: "Rheumatoid Arthritis and Osteoarthritis Education and Management: A Clinician's Reference"  
Faculty Advisor: Christine Stephan, MA, OTR/L

BS, 2008, Central Washington University (Exercise Science)

**Professional Licensure and Certification**

2022- Certified Health Coach, American Council on Exercise

2019-2021 Montana Licensure for Occupational Therapist (OTP-OT-LIC-6942)

2018-2022 USA Weightlifting Sports Performance Coach, USA Weightlifting

2017- IASTM: Soft Tissue Manual Tools and Cupping, Medical Minds in Motion

2017- Certified Kinesio Taping® Practitioner, Kinesio Taping Association International

2017- Functional Movement Techniques: Basic and Performance, Rock Tape

2017- Certified Stroke Rehabilitation Specialist, Neurorecovery™ Unlimited

2017-2019 Certified Powerlifting Coach Practitioner, United States Powerlifting Association

2016- Certified Smart Tools® Provider, Smart Tools®

2016- IASTM: Soft Tissue Manual Tools, Medical Minds in Motion

2015- Certification in Applied Functional Science®, Gray Institute®

2015- Selective Functional Movement Assessment, Functional Movement Systems

2015- Functional Movement Screen, Functional Movement Systems

2013-2019 California Licensure for Occupational Therapist (13766)

2011- Washington Licensure for Occupational Therapist (OT60203079)

2011- NBCOT Registered Occupational Therapist (282234)

### **Professional Experience**

- Aug 2021–Present Assistant Professor, School of Occupational Therapy, Pacific Northwest University of Health Sciences, Yakima, WA
- Jan 2020–May 2021 Assistant Professor, Occupational Therapy Doctorate Program, Rocky Mountain College, Billings, MT
- Aug 2018–Dec 2019 Adjunct Instructor, School of Occupational Therapy, University of Puget Sound, Tacoma, WA

### **Teaching and Training**

Pacific Northwest University of Health Sciences, School of Occupational Therapy  
(NP = new course prep)

- 2024 Course Director/Instructor, OTH550: Occupation-based Interventions II (Summer) (NP)  
Course Director/Instructor, OTH555: Occupation-based Health Promotion and Chronic Condition Management (Summer) (NP)
- 2023 Co-Instructor, OTH500: Human Capacities I (Fall) (NP)  
Course Director/Instructor, OTH510: Introduction to Occupation and Occupational Therapy (Fall) (NP)

Rocky Mountain College, Occupational Therapy Doctorate Program

- 2021 Instructor, OTD500: Introduction to Occupational Therapy (Spring)  
Co-Instructor, OTD504: Functional Anatomy and Movement Sciences (Spring)  
Instructor, OTD606: Community-based Program Development in Occupational Therapy (Spring) (NP)
- 2020 Guest Lecturer, OTD518: Occupational Science & Research I, “Scholarly Writing” (Fall)  
Guest Lecturer, OTD522: Assistive Technologies in Occupational Therapy, “Evaluation SOAP Note” (Fall)  
Co-Instructor, OTD514: Occupational Performance Across the Lifespan: Assessment and Evaluation (Summer) (NP)  
Instructor, OTD512: Activity Analysis in Occupational Therapy (Summer) (NP)  
Co-Instructor, OTD504: Functional Anatomy and Movement Sciences (Spring) (NP)  
Co-Instructor, OTD500: Introduction to Occupational Therapy (Spring) (NP)  
Guest Lecturer, OTD 606: Community-based Program Development in Occupational Therapy, “Work and Industry: Workers Compensation and Ergonomics” (Spring)  
Guest Lecturer, OTD518: Occupational Science & Research II, “Introduction to APA 7th Edition” (Spring)  
Guest Lecturer, OTD 506: Development and Disability Across the Lifespan, “Cerebrovascular Accident” (Spring)

2019 Guest Lecturer, OTD508: Seminar Series II, "Introduction to Health Promotion in Occupational Therapy Practice" (Fall)

Guest Lecturer, SOTA Event, "Foundations of Kinesiology Taping" (Fall)

University of Puget Sound, School of Occupational Therapy

2019 Guest Lecturer, SOTA Event, "Instrument-assisted Soft Tissue Mobilization" (Fall)

Co-Instructor, OT622: Occupational Performance Adaptation (Fall) (NP)

Clinical Instructor, OT661: Applied Clinical Treatment and Management (Spring)

Guest Lecturer, SOTA Event, "Foundations of Kinesiology Taping" (Spring)

Guest Lecturer, OT643: Biomechanical Approaches to Treatment in Occupational Therapy, "Foundations of Kinesiology Taping" (Spring)

2018 Co-Instructor, OT622: Occupational Performance Adaptation (Fall) (NP)

Pierce College, Dental Hygiene Program

2019 Guest Lecturer, "Introduction to Transfers"

2018 Guest Lecturer, "Introduction to Transfers"

### **Clinical Experience**

2018 Occupational Therapist Consultant, A2 Physical Therapy, Tacoma, WA

2017-2018 Health, Wellness, and Performance Consultant and Owner, Applied Functional Training and Rehabilitation, Bakersfield, CA

2015-2018 Occupational Therapist and Clinic Manager, Glinn & Giordano Physical Therapy, Bakersfield, CA

2014-2015 Occupational Therapist, People's Injury Network Northwest, Olympia, WA

2013-2014 Occupational Therapist, Centre for Neuro Skills, Bakersfield, CA

2012-2013 Occupational Therapist, Kindred Transitional Care and Rehab, Lakewood, WA

2012 Occupational Therapist, Independence Rehab Inc., Tacoma, WA

2011-2012 Occupational Therapist, Premier Therapy Services, Tacoma, WA

### **Research Areas**

Health promotion (theory, practice models, program development, rural and medically underserved populations, concepts, and language)

Physical activity (perspectives, routines, interventions)

Movement (development of occupation-based screening and evaluation tools, perspectives, theory, interventions)

### **Honors**

2010 Department Service award, University of Puget Sound

2008 Magna Cum Laude, Central Washington University

2007           Phi Kappa Phi, Central Washington University  
2006           Omicron Delta Kappa, Central Washington University

### **Publications**

(First author denotes senior author unless otherwise indicated by “\*\*”)

Imamshah, B. M. (2019). *The management of musculoskeletal disorders in occupational therapy practice* (Unpublished doctoral thesis). University of Puget Sound, Tacoma, WA.

### **Professional Presentations**

Nakamura, W. N., & Imamshah, B. M. (2022, May 19). *Adult learning theories and taxonomy of significant learning in medical education*. Medical and Health Professions Education Research Community of Practice, Pacific Northwest University of Health Sciences, Yakima, WA.

Imamshah, B. M. (2022, April 7). *Health equity*. Population Health and Health Equity Community of Practice, Pacific Northwest University of Health Sciences, Yakima, WA.

### **Service**

Pacific Northwest University of Health Sciences

#### *University Service*

Sept 2022-           Wellness Committee, Chair  
July 2022-           SOT Admissions Committee, Member  
Apr 2022-           SOT Search Committee, Member  
Feb 2022-Apr 2023   Faculty Senate Workgroup, Co-Chair

#### *Community Service*

Feb 2023-Feb 2024   Vision for Independence Center, Yakima, WA, Board of Directors

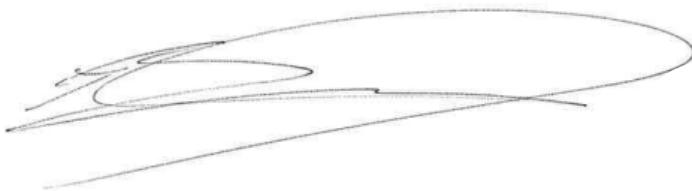
### **Professional Membership**

2018-2022   Member, USA Weightlifting  
2016-           Member, Kinesio Taping Association International  
2011-           Member, American Occupational Therapy Association

### **Continuing Education**

2024           “Exercise Programming: Cardiorespiratory Training and the ACE IFT® Model,”  
American Council on Exercise, February 2024  
“Exercise Programming: Muscular Training and the ACE IFT® Model,”  
American Council on Exercise, February 2024  
“Foundations of Lifestyle Medicine,” American Council on Exercise, February  
2024  
“Exercise Programming: Applying the ACE Mover Method,” American Council  
on Exercise, January 2024

- 2023 “A Movement-based Approach to Strength Training,” American Council on Exercise, January 2024
- 2023 “Taking Action with ACE: Practicing Equity, Diversity, and Inclusion as a Health and Exercise Professional,” American Council on Exercise, July 2023
- “AOTA’s Virtual Self Study Workshop,” American Occupational Therapy Association, June 2023
- “Improving Balance and Ocular Motor Function with Concussed Athletes,” PESI Inc., April 2023
- “Vision Rehab: Interventions for Your Clients with TBI and Concussion,” PESI Inc., April 2023
- “Visual Rehab after Neurological Events,” PESI Inc., March 2023
- “2-Day: Stroke Rehabilitation Certificate Workshop,” PESI Inc., January 2023
- 2021 “Stroke Rehab Master Class: Best Practices for Improved Outcomes,” PESI Inc., April 2021
- 2020 “Donatelli’s Pathophysiology and Mechanics and of the Shoulder,” Motivations, Inc., December 2020
- “Instructional Design: What’s the Point?” AOTA, September 2020
- “Social and Behavioral Research: Basic Refresher Course,” Collaborative Institutional Training Initiative, September 2020
- “IKN Concussion,” Integrated Kinetic Neurology, February 2020
- “Rural Health Research Symposium,” Rocky Mountain College, January 2020
- 2019 AOTA Annual Conference, April 2019
- “Self-paced Clinical Course: Stroke Series Volume II,” AOTA, March 2019
- 2018 “IKN Approach Level 1,” Integrated Kinetic Neurology, November 2018
- “DNS: Course A with an Osteopathic Integration,” Dynamic Neuromuscular Stabilization, September 2018
- 2017 “DNS: Exercise 2,” Dynamic Neuromuscular Stabilization, November 2017
- “DNS: Weightlifting and Exercise 1,” Dynamic Neuromuscular Stabilization, June 2017



3/21/2024