

Karla W. Gray
Curriculum Vitae

Education

Master of Social Work, 1987, Eastern Washington University, Cheney, WA
Bachelor of Science, 1975, University of Puget Sound Tacoma, WA (Occupational Therapy)

Professional Licensure and Certification

1976- Occupational Therapist Registered
1985- Washington Occupational Therapist license
2003- Washington Social Worker-Independent Clinical license

Professional Experience

2023- Assistant Professor, School of Occupational Therapy, Pacific Northwest School of Health Sciences, Yakima, WA
1988-2000 Guest Lecturer, Occupational Therapy Assistant Program, Yakima Valley Community College, Yakima, WA

Teaching and Training

2023- Co-Instructor, Psychosocial Processes Across the Life Course, (Fall), Pacific Northwest University of Health Sciences, Yakima, WA
1988-2000 Guest Lecturer, Mental Illness/Mental Health, Yakima Valley Community College, Yakima WA

Clinical Experience

2018-2021 Utilization Manager, Centene Co. DBA as Coordinated Care and Nebraska Total Care, Remote to Washington and Nebraska
2014-2018 Care Coordinator, Centene Co. DBA Cenpatico, Remote to Washington
2014-2014 Therapist, Delta Healthcare Providers, Little Falls, MN
2013-2014 Director, Comprehensive Mental Health Adult Inpatient Unit, Yakima, WA
2010-2013 Therapist, Yakima Valley Memorial Hospital-Inpatient Medical, Yakima, WA
2007-2010 Manager, Yakima Valley Memorial Hospital-Psychiatric Health Care, Yakima, WA
2007-2007 Assistant Manager, Yakima Memorial Hospital-Psychiatric Health Care, Yakima, WA

1988-2007 Therapist, Yakima Memorial Hospital-Psychiatric Health Care, Yakima, WA
1988-1993 Therapist, Columbia Consultation Resources, Yakima, WA
1985-1988 Social Services Coordinator, Mt. Vista Nursing Home, Toppenish, WA
1983-1985 Day Treatment Coordinator, Comprehensive Mental Health Center, Toppenish, WA
1979-1983 Day Treatment Supervisor, Peninsula Lodge, Bremerton, WA
1977-1978 Residential Manager & Living Skills Instructor, Peninsula Lodge, Bremerton, WA
1976-1977 Therapist, Krueger Enterprises. Bremerton, WA

Honors

2005-2006 American Occupational Therapy Association Service Awards. Mental Health Special Interest Section committee and Ad hoc committees
2003 American Occupational Therapy Association Service Awards. Mental Health Special Interest Section committee and Ad hoc committees
2003 Washington Occupational Therapy Association. Member of the Year
2021 Rosemary Funk Award. Washington Occupational Therapy Association. Lifetime leadership and contribution to profession and association

Peer-Reviewed Publications

1. **Gray, K.**, (2005). Evidence-Based Employment Services for Persons with Serious Mental Illness. *American Occupational Therapy Association Mental Health Special Interest Section Quarterly*, 28(3), September.
2. **Gray, K.**, (2005). Mental Illness in Children and Adolescents: A Place for Occupational Therapy. *Mental Health Special Interest Section Quarterly*, 28(2), June.
3. **Gray, K.**, (2004). Incorporating the Framework into a Mental Health Practice Setting: Voter Registration Help. *Mental Health Special Interest Section Quarterly*, 27(3), September.
4. **Gray, K.**, (1997). An Open Letter To My Colleagues: Expressive Therapy Alternatives. *Continuum: Developments in Ambulatory Mental Health Care*, Summer.
5. **Weaver, K.**, (1988). The Process of Group Treatment with the Chronically Mentally Ill. *Occupational Therapy in Mental Health*, Fall.

Book Chapters

1. **Gray, K.**, (2017). Ethics. In H. Gabai & S. Holm (Eds.), *OT in Acute Care* (2nd ed.). American Occupational Therapy Association.

2. **Gray, K.,** (2017). Creating a positive patient experience. In H. Gabai & S. Holm (Eds.). *OT in Acute Care* (2nd ed.). American Occupational Therapy Association.
3. **Gray, K.,** (2010). Community resources and care management. In M. Scheinholtz (Ed.), *Occupational Therapy in Mental Health: Considerations for Advanced Practice*. American Occupational Therapy Association.
4. Pitts, D., & **Gray, K.** (2010). Collaborative work with teams and policymakers. In M. Scheinholtz (Ed.), *Occupational Therapy in Mental Health: Considerations for Advanced Practice*. American Occupational Therapy Association.
5. **Gray, K.,** Michael, S., Lefkovitz, P., & Barry A. (2007). Standards and Guidelines for Geriatric Partial Hospitalization (3rd ed.). *Association for Ambulatory Behavioral Healthcare, Norfolk, VA.*

Professional Presentations:

2023	Getting OT's Foot in the Door of Primary Care, Washington Occupational Therapy Spring Mini-Con
2023	Addressing the Gorilla in the Room: Responding to Aggression
2017	Washington Occupational Therapy Spring Mini-Con
2015-2017	American Occupational Therapy Association Annual Conference
2011-2012	American Occupational Therapy Association Annual Conference
2009	National Alliance on Mental Illness National Convention
2007	Oregon Occupational Therapy Association Conference Keynote Address
2005-2006	Washington Occupational Therapy Association Annual Conference
2005	North Dakota Occupational Therapy Association Conference
2000	Oregon Occupational Therapy Association Conference
1999-2001	Washington Occupational Therapy Association Annual Conference
1996-2005	Association for Ambulatory Behavioral Healthcare (previously AAPH) Annual Training Conference
1996-1997	Washington Occupational Therapy Association Annual Conference
1995	National Association for Rural Mental Health Annual Conference 1995
1994-1995	American Association for Partial Hospitalization Annual Training Conference
1993	Washington Occupational Therapy Association Annual Conference

Service:

2017-	Manuscript review for Mental Health in Occupational Therapy journal
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- 2006-2013 American Occupational Therapy Association Representative to The Joint Commission Professional and Technical Advisory Committees (Ambulatory Care; Behavioral Healthcare)
- 2005-2007 American Occupational Therapy Association Ad-hoc Workgroup member (Qualified Mental Health Professionals; Families & Caregivers)
- 1992- Washington Occupational Therapy Association (governance, continuing education)
- 1988-2000 Advisory Committee; Yakima Valley Community College
- 2006-2013 National Alliance on Mental Health. State Chapter & Yakima affiliate. (governance)
- 1997-2006 Association for Ambulatory Behavioral Healthcare (governance)
- 2022-2024 Pacific Northwest University of Health Sciences Advisory Committee

Professional Membership:

- 1975- American Occupational Therapy Association
- 1975- Washington Occupational Therapy Association
- 1990- National Alliance on Mental Illness
- 1992- Association for Ambulatory Behavioral Healthcare
- 2002-2010 Washington Behavioral Health Inpatient Association