Hello Dr. [NAME],

My name is [YOUR NAME] and I was given your contact details by [YOUR CONTACT/PNWU’S ALUMNI CONTACT GOOGLE FORM].

I am currently a third-year osteopathic medical student at PNWU, rotating in [ROTATION SITE]. I am interested in becoming a [BLANK-OLOGIST], and I would love to learn from your personal and professional experience as [PROFESSION] and would greatly benefit from your experience and expertise. I was wondering whether you’d have a few minutes to hop on a phone call or perhaps even to meet up for a coffee? [coffee line optional, given COVID]

The reason I ask is that I’m currently exploring potential mentorship opportunities [AND/OR] general guidance in pursuing this field and I think that there’s a lot that I could learn from you. I’d love to be able to work more closely with you over a longer period of time if your availability permits, but in the meantime, I’d love to ask you a few questions about your career if you’re available. Please let me know!

Thanks,

[YOUR NAME], OMSIII

[EMAIL]

[PHONE NUMBER]