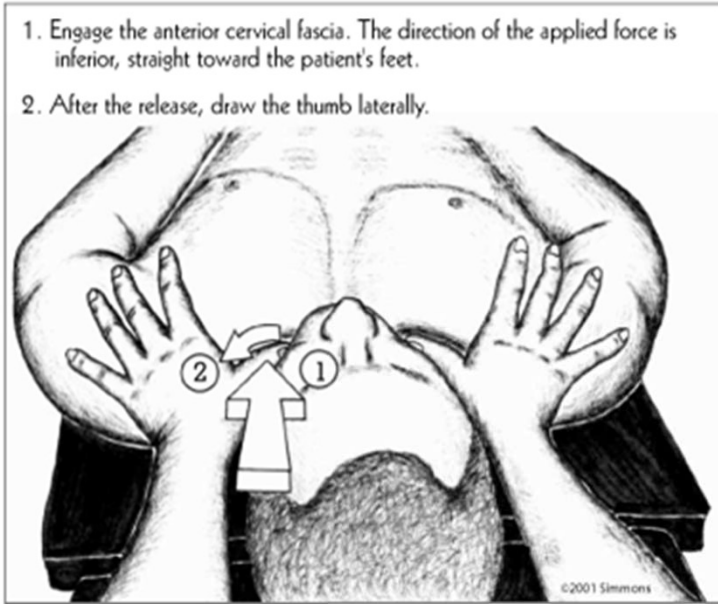


Thoracics and Ribs Summary

(1) MFR Thoracic Inlet

Figure 8.1: Anterior cervical fascia.



(2) FPR for elevated first rib

1. Stabilize shoulder
2. Compress from elbow to first rib articulation with T1
3. Bring in a circular motion to the position of ease and in a fluid motion reverse direction to move through the barrier guiding arm inferiorly

(6) Rib raising



FIGURE 15.13 Skeletal hand contact.

(3) MFR to Sternum

Figure 6.10 Sternum technique

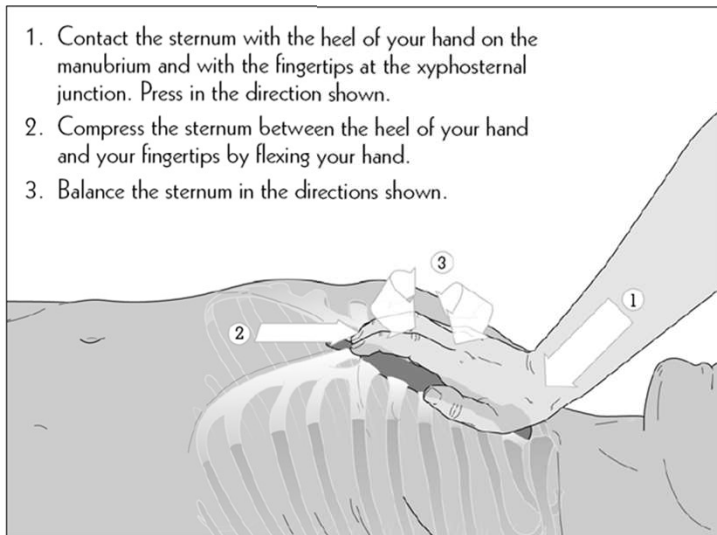


FIGURE 15.14 Patient hand contact.

(4) ST to upper & lower trapezius, levator scapulae, rhomboids

(5) LAS to middle ribs

Soft Tissue: Direct.

Involves lateral stretching, linear stretching, deep pressure, traction, and/or separation of the muscle origin and insertion while monitoring tissue response and motion changes.

Figure 6.11 Restricted middle rib group technique

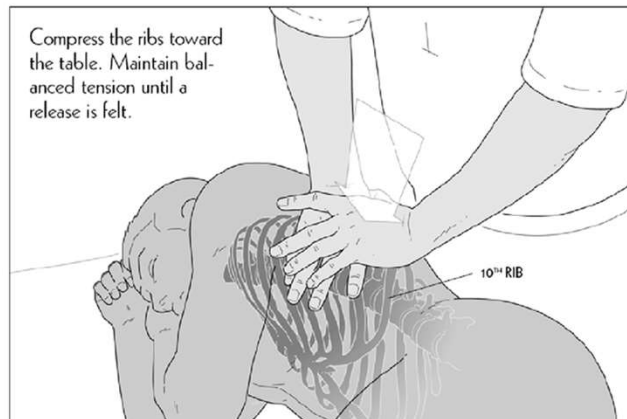


FIGURE 15.15 Physician and patient positioning.

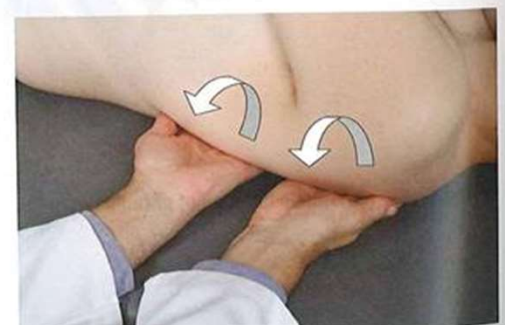


FIGURE 15.16 Step 4, ventral, then lateral pressure.